

Name _____ Date _____

Use this week's cover story, "A Win for Mental Health," to answer the questions below. For questions 1-6, circle the letter next to the best answer. If you need more space to write your response to question 7, you may use the back of this page.

<p>1. "Biles isn't the first athlete to speak out about the pressure of competitive sports." The author writes this sentence to</p> <p>A. indicate that Simone Biles's statements are part of a recent trend in sports.</p> <p>B. argue that Biles's achievements are less significant than those of other athletes.</p> <p>C. show how difficult it was for Biles to withdraw from an Olympic event.</p> <p>D. suggest that sports have become too competitive.</p>	<p>4. How does "The Kid Report" support the article "A Win for Mental Health"?</p> <p>A. It shows how Biles's stance on mental health can inspire other young people.</p> <p>B. It offers a counterperspective on Biles's choice to withdraw from an Olympic event.</p> <p>C. It allows Emanuele to expand on her advice to young athletes.</p> <p>D. It allows the author of "A Win for Mental Health" to describe how she did the reporting for the article.</p>
<p>2. Jill Emanuele says, "The message now is that being tough means paying attention to yourself and making sure that you're okay." She means that</p> <p>A. athletes are concerned about appearing tough.</p> <p>B. the value of mental health is becoming more prevalent among athletes.</p> <p>C. winning is no longer important to professional athletes.</p> <p>D. star athletes have been talking about mental health for years.</p>	<p>5. TIME Edge interviewed Renee Jain because</p> <p>A. she is an expert on mental health in sports.</p> <p>B. she founded a platform that focuses on kids' mental health.</p> <p>C. her online platform features stress tips from Simone Biles.</p> <p>D. she has offered advice to athletes, including Simone Biles.</p>
<p>3. What is the section titled "Are You Okay?" mostly about?</p> <p>A. how to take care of your mental well-being</p> <p>B. Emanuele's work with kids' mental health issues</p> <p>C. the frequency of sports injuries caused by a loss of focus</p> <p>D. Biles competing for an Olympic bronze medal</p>	<p>6. Which words best describe how Simone Biles is portrayed in the article's photos?</p> <p>A. hesitant and unprepared</p> <p>B. nervous and defeated</p> <p>C. skilled and supportive</p> <p>D. calm and defiant</p>

7. How do you think star athletes will impact the public discussion about mental health?
